Amplifying Impact Through Simple, Effective Strategies for Health & Success

WHY BOOK DR. PERRON?

With over 30 years of experience as an award-winning chiropractor, bestselling author, and expert in health and longevity. Dr. Chris Perron is a go-to media guest for television, podcasts, and live audiences. He simplifies complex health topics into actionable, real-world solutions while entertaining audiences with unforgettable stories.

From helping his mother recover from a widow-maker heart attack to meeting world leaders and celebrities, Dr. Perron delivers wisdom with wit, humor, and passion—making him a dynamic and sought-after speaker.

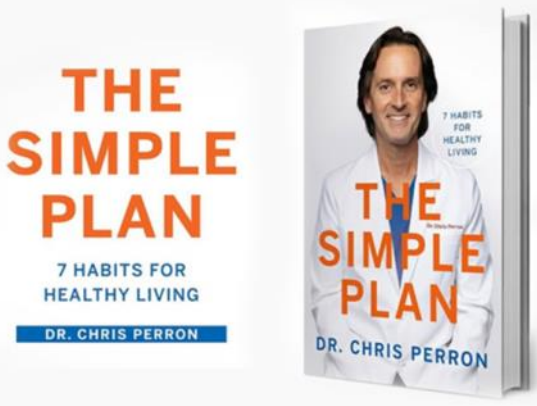
Bestselling Author | Award-Winning Chiropractor | Speaker | Media Guest

As Seen On:

FOX | NBC | iHeartRadio Podcasts | CNN Center | NY Academy of Medicine

Shared the stage with Dr. Oz, Dr. Drew Pinsky, and U.S. Surgeon General Jocelyn Elders. Celebrity connections include stories featuring Queen Elizabeth, a U.S. President, and other notable figures from my book, The Simple Plan.

—BESTSELLING BOOK—



KEY MEDIA TOPICS

- **Weight Loss Made Simple**
  Why the best health strategies are the easiest ones.
- **Longevity Made Possible**
  The habits that add years to your life.
- **Gut Health for Total Wellness**
  Your microbiome is the key to everything.
- **The Arrogance of Medicine**
  Why modern healthcare needs a revolution.

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